

DANCE INTENSIVE SCHEDULE #2

	Studio Centre	Studio A	Studio B
MONDAY	Warm-Up/Stretch	Warm-Up/Stretch	Warm-Up/Stretch
	4:30-5:30	4:30-5:30	4:30-5:30
	Footwork	Body Placement	Conditioning
	5:30-6:20	5:30-6:20	5:30-6:20
	BREAK 6:20-6:40	BREAK 6:20-6:40	BREAK 6:20-6:40
	Body Placement	Conditioning	Footwork
	6:40-7:35	6:40-7:35	6:40-7:35
	Conditioning	Footwork	Body Placement
	7:35-8:30	7:35-8:30	7:35-8:30
TUESDAY	Warm-Up/Stretch	Warm-Up/Stretch	Warm-Up/Stretch
	4:30-5:30	4:30-5:30	4:30-5:30
	Combo	Leaps	Turns
	5:30-6:20	5:30-6:20	5:30-6:20
	BREAK 6:20-6:40	BREAK 6:20-6:40	BREAK 6:20-6:40
	Turns	Combo	Leaps
	6:40-7:35	6:40-7:35	6:40-7:35
	Leaps	Turns	Combo
	7:35-8:30	7:35-8:30	7:35-8:30
WEDNESDAY	Warm-Up/Stretch (Christin, Regan, Heather)		
	4:30-5:30		
	Everyone for Fundamentals & Vocab		
	5:30-8:30 with a break form 6:20-6:40		
THURSDAY	Warm-Up/Stretch (Christin, Regan, Heather, Sally, Kami, Juan)		
	4:30-5:30		
	Everyone for Fundamentals & Vocab (All teachers welcomed)		
	5:30-8:30 with a break form 6:20-6:40		
FRIDAY	Everyone for Studio/Competition		
	4:30-5:30		
	Fundamentals & Vocab	Fundamentals & Vocab	Fundamentals & Vocab
	5:30-6:20	5:30-6:20	5:30-6:20
	BREAK 6:20-6:40	BREAK 6:20-6:40	BREAK 6:20-6:40
	Everyone for Audition Technique		
	6:40-7:35		
	Everyone for the Audition		
	7:35-8:30		
Christin Pristas	Regan Haley	Heather Swords	Sally Roehl
Juan Mamboyo	Kami Baker	Laura Romani	